

MYTH IN COUNSELLING AND PSYCHOTHERAPY



16th MAY 2014 — 09:30 to 16:00

Donna Savery will lead a workshop on the use of myth in counselling and psychotherapy. The day will be highly interactive and will offer opportunities for self development and professional advancement

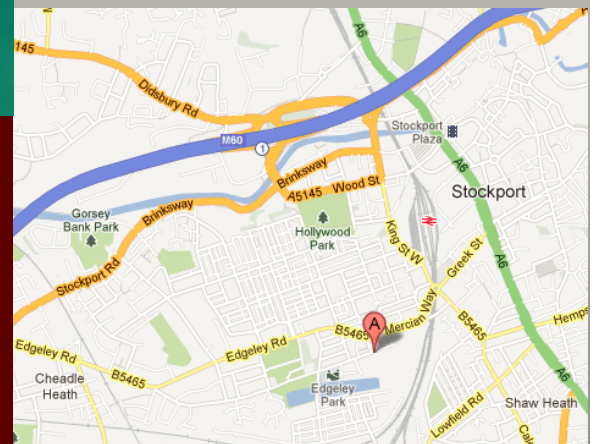
Myths are deeply embedded in our culture, and perhaps even our genes. Freud and Jung used them extensively and some practitioners use myths and metaphors to work with traumatic memories. Yet the use of myth in counselling and psychotherapy is not widely covered in training or the literature, In this workshop Donna Savery will present her approach to the subject and describe recent research that she has conducted.

Cost £80 including tea, coffee and lunch (£70 for full time students). For bookings made before 22nd March (subject to limited availability), there will be an 'early bird' rate of £70.

6 hours CPD. A signed certificate of attendance will be provided.

Donna Savery

Donna Christina Savery is an Existential and Creative therapist. Her recent research on myth in existential relationship therapy was published in Emmy van Deurzen's new book 'Existential perspectives on relationship therapy' (van Deurzen, 2013). Donna trained in existential and psychodynamic therapies and began her career working in a mental health setting. She formerly worked as a theatre director and academic and brings these elements to her work as part of her drive for authentic co-creative therapeutic relationships. She has a private practice in Windsor as well as a busy practice at the Charterhouse Clinic, Marylebone. She is currently writing a book on the myth of Echo and Narcissus



**Cheshire Conferences and Events at
Edgeley Park Stadium, Stockport.**

Mindsight
38a Bramhall Lane South
Bramhall
Cheshire
SK7 1AH

For bookings:

go to: www.mindsight.co.uk

Email: events@mindsight.co.uk

Or call Jonathan on 0161 439 7773