**SUPERVISION PERSONALISATION FORM - ASSESSMENT V1.1**

**On each of the scales below, please indicate any preferences you might have for how you would like your supervisor to work with you. Please put a line through the appropriate number along the scale, *with 5 indicating a very strong preference in that direction, and 1 indicating a slight preference in that direction*. If you do not know, please leave the scale blank. I would like my supervisor to:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 1. Offer theoretical input  |  |  | No preference |  |  | Not offer theoretical input  |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 2. Focus on my strengths & abilities |  |  | No preference |  |  | Focus on my problems & difficulties |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 3. Focus on the relationship between us  |  |  | No preference |  |  | Not focus on the relationship between us |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 4. Provide more structure  |  |  | No preference |  |  | Provide no structure |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. Focus on my client issues & experiences  |  |  | No preference |  |  | Focus on my issues & experiences  |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| 6. Offer self disclosure |  |  | No preference |  |  | Not offer self disclosure |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 7. Draw on more than one orientation |  |  | No preference |  |  | Draw on one orientation |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 8. Provide active techniques/exercises |  |  | No preference |  |  | Not provide active techniques/exercises  |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 9. Provide reading & reflection outside of supervision |  |  | No preference |  |  | Not provide reading & reflection outside of supervision  |
|  | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 10. Talk more  |  |  | No preference |  |  | Listen more |
|  | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 11. Directly challenge me  |  |  | No preference |  |  | Not directly challenge me  |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |