**SUPERVISION PERSONALISATION FORM - ASSESSMENT V1.1**

**On each of the scales below, please indicate any preferences you might have for how you would like your supervisor to work with you. Please put a line through the appropriate number along the scale, *with 5 indicating a very strong preference in that direction, and 1 indicating a slight preference in that direction*. If you do not know, please leave the scale blank. I would like my supervisor to:**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Offer theoretical input | | |  | |  | | No preference | | | |  |  | | Not offer theoretical input | |
| 5 | 4 | | 3 | | 2 | | 1 | | 0 | 1 | 2 | 3 | | 4 | 5 |
| 2. Focus on my strengths & abilities | | | |  | |  | | No preference | | |  |  | Focus on my problems & difficulties | | |
| 5 | | 4 | | 3 | | 2 | | 1 | 0 | 1 | 2 | 3 | 4 | | 5 |
| 3. Focus on the relationship between us | | | |  | |  | | No preference | | |  |  | Not focus on the relationship between us | | |
| 5 | | 4 | | 3 | | 2 | | 1 | 0 | 1 | 2 | 3 | 4 | | 5 |

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 4. Provide more structure | |  |  | No preference | | |  |  | Provide no structure | |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |
| 5. Focus on my client issues & experiences | |  |  | No preference | | |  |  | Focus on my issues & experiences | |
| 5 | 4 | 3 | 2 | 1 | 0 | 1 | 2 | 3 | 4 | 5 |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 6. Offer self disclosure | | |  | |  | | No preference | | | | | | |  | |  | | Not offer self disclosure | | |
| 5 | 4 | | 3 | | 2 | | 1 | | 0 | | | 1 | | 2 | | 3 | | 4 | | 5 |
| 7. Draw on more than one orientation | | |  | |  | | No preference | | | | | | |  | |  | | Draw on one orientation | | |
| 5 | 4 | | 3 | | 2 | | 1 | | 0 | | | 1 | | 2 | | 3 | | 4 | | 5 |
| 8. Provide active techniques/exercises | | | |  | |  | | No preference | | | | |  | |  | | Not provide active techniques/exercises | | | |
| 5 | | 4 | | 3 | | 2 | | 1 | | 0 | 1 | | 2 | | 3 | | 4 | | 5 | |
| 9. Provide reading & reflection outside of supervision | | |  | |  | | No preference | | | | | | |  | |  | | Not provide reading & reflection outside of supervision | | |
|  | 4 | | 3 | | 2 | | 1 | | 0 | | | 1 | | 2 | | 3 | | 4 | | 5 |
| 10. Talk more | | |  | |  | | No preference | | | | | | |  | |  | | Listen more | | |
|  | 4 | | 3 | | 2 | | 1 | | 0 | | | 1 | | 2 | | 3 | | 4 | | 5 |
| 11. Directly challenge me | | |  | |  | | No preference | | | | | | |  | |  | | Not directly challenge me | | | |
| 5 | 4 | | 3 | | 2 | | 1 | | 0 | | | 1 | | 2 | | 3 | | 4 | | 5 | |