

MYTH IN PSYCHOTHERAPY - NARCISSISM



12th JUNE 2014 — 09:30 to 16:00

Donna Savery will return to lead a workshop on the prevalence of narcissism in today's culture using the myth of Echo and Narcissus. She will look at the feelings of entitlement, emptiness, dissatisfaction and rage produced and the subsequent impact on expectations and power dynamics in relationships

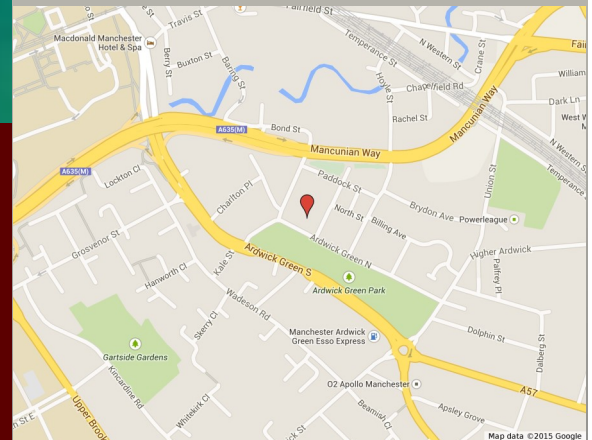
Myths are deeply embedded in our culture, and perhaps even our genes. Freud and Jung used them extensively and some practitioners use myths and metaphors to work with traumatic memories. Yet the use of myth in counselling and psychotherapy is not widely covered in training or the literature. In this workshop Donna Savery will present her approach to the subject and describe recent research that she has conducted.

Cost £90 including tea, coffee and lunch.

6 hours CPD. A signed certificate of attendance will be provided.

Donna Savery

Donna Christina Savery is an Existential and Creative therapist. Her recent research on myth in existential relationship therapy was published in Emmy van Deurzen's book 'Existential perspectives on relationship therapy' (van Deurzen, 2013). Donna formerly worked as a theatre director and academic and brings these elements to her work as part of her drive for authentic co-creative therapeutic relationships. She has a private practice in Buckinghamshire as well as a busy practice in London W1. She is also a group therapist, researcher and is currently training in Group Analysis. She is writing a book on 'Echo and Narcissus—Relationship Dynamics in Existential Therapy' and most recently presented her research on 'Echoism' at the SEA conference in 2014.



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For bookings:

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