

Trauma in Counselling and Psychotherapy

A Workshop with Mindsite

27th March 2015

Programme

08:00 – 09:30 Registration, networking

09:30 – 11:00 Session 1 – What is trauma? GM

11:00– 11:15 Break

11:15 – 12:30 Session 2 – How do WE work with trauma? GM

12:30 – 13:00 Lunch

13:00 – 14:15 Session 3 – Using clean language and metaphor to work with trauma 1 JL

14:15 – 14:30 Break

14:30 – 15:45 Session 4 – Using clean language and metaphor to work with trauma 2 JL

15:45 – 16:00 Review of day JL GM

Presentations can be downloaded from the MIndsite website. The URL is:

<http://www.innerselves.net/mindsiteco/?p=2919>

A reminder will be sent at 12:00 on the day of the event.